

NEW!

PARENTING WORKSHOPS

JOIN US TO EXPLORE:

WEDNESDAY JULY 29TH - PARENTING THROUGH THE PANDEMIC

WEDNESDAY AUGUST 5TH - STRESS AND ANXIETY

WEDNESDAY AUGUST 12TH - COMMUNICATING WITH YOUR TEEN

WEDNESDAY AUGUST 19TH - HIDDEN NEEDS IN ADOLESCENT DEVELOPMENT

WEDNESDAY AUGUST 26TH - CREATING BOUNDARIES & EXPLORING SELF-CARE IN YOUR PARENTING

BOYS AND GIRLS CLUB OF GREATER VICTORIA

LOCATION: ONLINE PARENTING GROUP

COST: BY DONATION

TO PRE-REGISTER PLEASE CONTACT:

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Boys & Girls Club
of Greater Victoria



Boys & Girls Clubs
of Canada

BGCC - Parenting Programs were developed by staff and parents throughout BC and is administered under the auspices of Boys and Girls Clubs of Canada. Provincially, Parenting Programs are generously funded by the Ministry of Children and Family Development.