

STRIVE

Summer Youth Group
Ages 12-14

1-430PM | JULY 17-19

Provided through Beacon Community Services for families residing on the Saanich Peninsula. The group is free of cost and facilitated by two Youth and Family Counsellors.

This group will focus on building capacity, discovering personal wellness and exploring self acceptance and expression through activities and reflections to build a strong sense of self. We will cover a range of themes including healthy relationships, media awareness, self-care, and self-confidence.

**TO REGISTER CONTACT
KRISTY AT 250-655-5314 OR
KBOWDEN@BEACONCS.CA**

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