

PENINSULA



IF YOU EVER ENJOYED TRACK & FIELD THIS IS YOUR OPPORTUNITY TO PASS ON YOUR SKILLS TO A NEW GENERATION OF YOUNG ATHLETES.

COACHES NEEDED FOR THE SPRING/SUMMER SEASON
(Coaching clinics provided)

TRACK RASCALS

INTRODUCTION TO TRACK & FIELD FOR 6, 7 and 8 YEAR OLDS

No previous track experience needed. We offer very basic intro to running, jumping and throwing and have instruction available for coaches.

Program runs for the month of April only, Tuesday and Thursday at 5:00pm for 45 mins at Parkland School.

JUNIOR DEVELOPMENT - ages 9-15

Program runs April 3rd - June 30th.
Tuesdays and Thursdays 5:30 -7:00pm.

Pen Track will pay for coaching courses for any interested volunteer and also pays traveling expenses within the Greater Victoria area.

For further information please contact Lesley Foster at lesley.foster@me.com

